

Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
2 B	6 Sep	7 Sep	8 Sep	9 Sep	10 Sep	New start	LL	"A fresh start is a journey – a journey that requires a plan" Vivian Jokotade - International visual artist	Initiate
	8	11	7	10	9		(MT)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
3 A	13 Sep	14 Sep	15 Sep	16 Sep	17 Sep	Change	LL	"The measure of intelligence is the ability to change" Albert Einstein	Altered
	8	11	7	10	9		(AE)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
4 B	20 Sep	21 Sep	22 Sep	23 Sep	24 Sep	Democracy (International Day of Democracy)	?SJ	"The lesson of history is clear: democracy always wins in the end" Marjorie Kelly - Author	Pivotal
	8	11	7	10	9				
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
5 A	27 Sep	28 Sep	29 Sep	30 Sep	1 Oct	Peace (International Day of Peace)	LL	"Peace comes from within. Do not seek it without" Siddhārtha Gautama (Buddha) - Philosopher	Evaluate
	8	11	7	10	9		(JH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
6 B	4 Oct	5 Oct	6 Oct	7 Oct	8 Oct	Black History Month	?LS	"In recognising the humanity of our fellow beings, we pay ourselves the highest tribute." Thurgood Marshall, first African American on the U.S. Supreme Court	Justify
	8	11	7	10	9				
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
7 A	11 Oct	12 Oct	13 Oct	14 Oct	15 Oct	Mental Health Awareness (World Mental Health Day)	LL	"Health is the greatest possession. Contentment is the greatest treasure. Confidence is the greatest friend." Lao Tzu - Philosopher	Communicate
	8	11	7	10	9		(DV)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
8 B	18 Oct	19 Oct	20 Oct	21 Oct	22 Oct	Anti-Slavery (Anti-Slavery Day)	LL	"Those who deny freedom to others, deserve it not for themselves" Abraham Lincoln – US President	Ethical
	8	11	7	10	9		(UH)		

Week	Mon	Tue	Wed	Thu	Fri	Theme	Led by	Thought for the Week	Word of the Week
9 A	1 Nov	2 Nov	3 Nov	4 Nov	5 Nov	Reducing Waste	?GJA	"We can't buy our children a new planet" Catherine Norton - Author	Sustainability
	Holiday		11	7	10				
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led by	Thought for the Week	Word of the Week
10 B	8 Nov	9 Nov	10 Nov	11 Nov	12 Nov	Diwali (Festival of Light)	LL	"Give light and people will find the way" Ella Baker – Civil Rights Activist	Contrast
	8	11	7	10	9		(ML)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led by	Thought for the Week	Word of the Week
11 A	15 Nov	16 Nov	17 Nov	18 Nov	19 Nov	Anti-bullying	?JP	"Each of us deserves the freedom to pursue our own version of happiness. No one deserves to be bullied." Barack Obama – former US President	Divisive
	8	11	7	10	9				
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led by	Thought for the Week	Word of the Week
12 B	22 Nov	23 Nov	24 Nov	25 Nov	26 Nov	Guru Nanak	LL	"With your hands carve out your own destiny." Guru Nanak – Religious founder	Transformation
	8	11	7	10	9		(ML)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led by	Thought for the Week	Word of the Week
13 A	29 Nov	30 Nov	1 Dec	2 Dec	3 Dec	World Aids Day	LL	"Prejudice is the child of ignorance" William Hazlitt – British Writer	Manipulate
	8	11	7	10	9		(JH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led by	Thought for the Week	Word of the Week
14 B	6 Dec	7 Dec	8 Dec	9 Dec	10 Dec	Hanukkah	LL	"The darkness of the whole world cannot swallow the glowing of a candle" Robert Altinger – Author	Collaborate
	8	11	7	10	9		(UH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led by	Thought for the Week	Word of the Week
15 A	13 Dec	14 Dec	15 Dec	16 Dec	17 Dec	Christmas	LL	"Christmas is more than just presents, it's love and harmony" Julie Herbert - Playwright	Distribute
	8	11	7	10	9		(MT)		

Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
16 B	3 Jan	4 Jan	5 Jan	6 Jan	7 Jan	Resolutions	LL	"Let go of what was and embrace what to be." Lailah Gifty Akita - Author	Evaluate
	Bank Holiday	Inset	7	10	9		(ML)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
17 A	10 Jan	11 Jan	12 Jan	13 Jan	14 Jan	Local history	LL	"Curiosity is everything, if you don't have curiosity you don't have anything" David Bailey – Artist and former Waltham Forest resident	Fabricate
	8	11	7	10	9		(JH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
18 B	17 Jan	18 Jan	19 Jan	20 Jan	21 Jan	Martin Luther-King Day	LL	"The time is always right to do what is right." Dr Martin Luther King – Civil Rights Campaigner	Condemn
	8	11	7	10	9		(JH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
19 A	24 Jan	25 Jan	26 Jan	27 Jan	28 Jan	Holocaust Memorial Day	LL	"Despite everything, I believe that people are really good at heart" Ann Frank – Holocaust victim	Interdependence
	8	11	7	10	9		(MT)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
20 B	31 Jan	1 Feb	2 Feb	3 Feb	4 Feb	LGBT Week	LL	"Be proud of who you are" Demi Lovato - Singer	Polygenetic
	8	11	7	10	9		(JH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
21 A	7 Feb	8 Feb	9 Feb	10 Feb	11 Feb	Staying Safe Online (Safer Internet Day)	Arben	"Nothing ever goes away once it's posted online" Anon	Composition
	8	11	7	10	9				

Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
22 B	21	Feb	22	Feb	23	Feb	24	Feb	25	Feb	Rule of Law	LL (AE)	Two things form the bedrock of any open society — freedom of expression and rule of law. Salman Rushdie - Author	caveat
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
23 A	28	Feb	1	Mar	2	Mar	3	Mar	4	Mar	World Book Day	AN	"One child, one teacher, one book and one pen can change the world." Malala Yousafzai – Nobel Prize Winner	Practitioner
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
24 B	7	Mar	8	Mar	9	Mar	10	Mar	11	Mar	International Women's Day	DH/JP	"I attribute my success to this – I never gave or took any excuse." Florence Nightingale – Social Reformer	Proportion
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
25 A	14	Mar	15	Mar	16	Mar	17	Mar	18	Mar	World Poetry Day	PH	"I wish I could show you...the astonishing light of your own being" Hafez (Fars Shiraz) - Poet	Figure
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
26 B	21	Mar	22	Mar	23	Mar	24	Mar	25	Mar	World Water Day	Hums/Sci	"Pure water is the world's first and foremost medicine" Slovakian Proverb	Enlarge
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
27 A	28	Mar	29	Mar	30	Mar	31	Mar	1	Apr	Multi-Faith Tolerance & Respect	LL (UH)	"All roads lead to Rome, but many people still think there's only one way to get there, their own way, and whoever doesn't follow it, gets lost." Mouloud Benzadi - Writer	Deviate
	8		11		7		10		9					

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28 B	18 Apr	19 Apr	20 Apr	21 Apr	22 Apr	Stephen Lawrence Day	LL	‘The best way to observe Stephen Lawrence Day is by honouring the teenager and by making the world a better place for everyone and to make sure that no teenager or child has to live in fear’. The Stephen Lawrence Foundation	Maintain
	Bank Holiday	11	7	10	9		(MT)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
29 A	25 Apr	26 Apr	27 Apr	28 Apr	29 Apr	Hard Work (Labour Day)	LL	“Nothing ever comes to one that is worth having except as a result of hard work.” Booker T Washington - Educator	Correlation
	8	11	7	10	9		(DV)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
30 B	2 May	3 May	4 May	5 May	6 May	VE Day	LL	“Never in the field of human conflict was so much owed by so many to so few.” Winston Churchill – British Prime Minister	Outwit
	Bank Holiday	11	7	10	9		(JH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
31 A	9 May	10 May	11 May	12 May	13 May	Ramadan/Eid	LL	“To be kind is good. To be kind without expecting anything in return is better.” Tariq Ramadan - Philosopher	Anaphora
	8	11	7	10	9		(UH)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
32 B	16 May	17 May	18 May	19 May	20 May	Culture (International Museum Day)	LL	“A visit to a museum is a search for beauty, truth, and meaning in our lives. Go to museums as often as you can.” Maira Kalman - Illustrator	Perspective
	8	11	7	10	9		(MT)		
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week
33 A	23 May	24 May	25 May	LL May	27 May	Individual Liberty	LL	“It doesn’t mean you can do whatever you want, it means you are free to do what’s right” Anon	Expression
	8	11	7	10	9		(AE)		

Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
34 B	6	June	7	June	8	June	9	June	10	June	Oceans	LL (MT)	"The greatest threat to our planet is thinking someone else will save it" Robert Swan - Explorer	Subsistence
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
35 A	13	June	14	June	15	June	16	June	17	June	World Refugee Day	LL (UH)	"No one leaves home unless home is the mouth of a shark." Warsan Shire – Writer and former refugee	Fatigue
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
36 B	20	June	21	June	22	June	23	June	24	June	Make Music	RT	"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." Plato – Philosopher	Devise
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
37 A	27	June	28	June	29	June	30	June	1	July	Windrush	LL (ML)	The Windrush era is a very important part of British history as it helps us understand how and why we became the multicultural society we are today" Naomi Harris - Actress	Properties
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
38 B	4	July	5	July	6	July	7	July	8	July	Creativity	Drama	"Creativity takes courage." Henri Matisse - Artist	Nuance
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
39 A	11	July	12	July	13	July	14	July	15	July	Women's Suffrage	LL (AE)	"Deeds, Not Words" Emmeline Pankhurst – Equal Rights Campaigner	Sportsmanship
	8		11		7		10		9					
Week	Mon	Tue	Wed	Thu	Fri	Theme	Led By	Thought for the Week	Word of the Week					
40 B	18	July	19	July	20	July					Reflection	LL	"Reflection is the school of wisdom" Baltasar Gracian - Philosopher	Synaesthesia
	8		11		7									