GMS – Y7 PSHE Roadmap

	Managing Change		Puberty and Body Development		Friendships, Respect and Relationships		Staying Safe Online and Offline		Celebrating Differences	P	Politics, Parliament and Me
•	Introduction to PSHE What is a Community Careers and	•	Introduction to Puberty Puberty - Personal Hygiene	 Consent and Boundaries Respectful Relationships Being positive & Self Esteem What makes a Good Friend Friendships and managing them Pressure and Influence What does it mean to be a man in 2021 	 Consent and Boundaries Respectful Relationships 	 Avoiding Gangs Staying safe online Online Gaming & Fortnite 	•	Britain	•	Why is Politics Important How is a country run Elections and	
•	Your Future What is a Community Financial Education Transition points and your Life	• • •	Puberty (Girls & Boys focus) Puberty (Girls & Boys focus) Growing up and FGM Assertiveness, consent and hormones Self Esteem and Empowerment		•	 Drugs Education – Alcohol and Smoking Drugs Education - E-Cigs, Vaping and Shisha Drugs Education Energy Drinks & Caffeine 			• •	Campaigning Political debates in Parliament Who is PM Boris Johnson Exploring Inside Parliament	

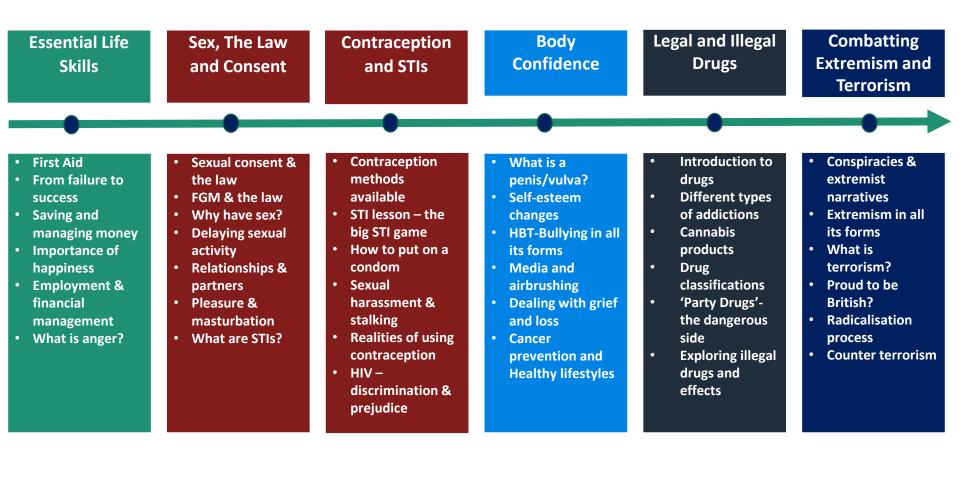


GMS – Y8 PSHE Roadmap

Proud to be me	Dangerous Society Online and Offline	Identity, Relationships & Sex Education	Physical Health & Mental Wellbeing	LGBTQ+ Explored	Law, Crime and Society
		•	•	•	\rightarrow
 Employability skills Proud to be me and careers Careers interests and jobs Self-esteem & media Labour market information Exploring careers 	 County lines Drugs & UK gangs Substances misuse Online safety & cyber bullying Grooming boys and girls Drugs education & Alcohol safety Child Exploitation and Online protection 	 Healthy Relationships Sexual Orientation Act Gender Identity and Equality Periods and menstrual cycle What is love? Introduction to contraception 	 Health and Wellbeing What is mental health Positive body image Child abuse Types of bullying Stress management 	 Exploring LGBTQ+ and key terms Homophobia in schools supporting those that are LGBT+ Challenging discrimination Transphobia Coming out in 2021 	 Desert island living Decision making and consitution Criminal law and society The law making process Prisons and reform Punishment and Restorative justice

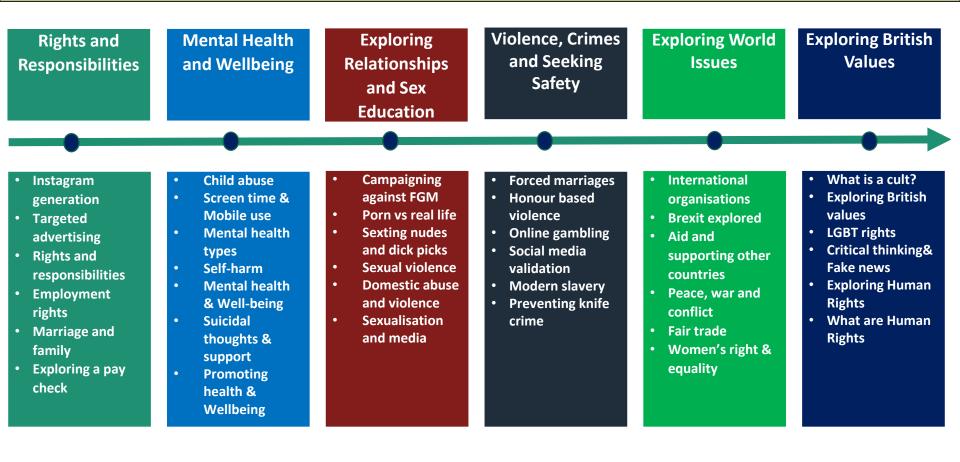


GMS – Y9 PSHE Roadmap





GMS – Y10 PSHE Roadmap





GMS – Y11 PSHE Roadmap

