



# George Mitchell School

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29th February 2024

Dear Parent/Carer,

## **RAMADAN 2024**

For many members of our school community the 11<sup>th</sup> March may mark the start of the holy month of Ramadan. We are aware that this is an extremely important time for our Muslim families.

We understand that when children reach puberty they are expected to fast. To ensure that our children continue to learn to the best of their ability and participate in the whole curriculum, we want to explain the procedures that will be followed to ensure the well-being of your child or children:

**Music lessons** – Music lessons will continue to be delivered as part of the whole school curriculum. All students will be expected to participate fully when in school. However, homework set will not involve any listening activities.

**Physical education** – PE lessons will continue to be delivered as part of the whole school curriculum. However, intense sports/activities will not be delivered.

**Illness** – If a child appears to be experiencing adverse physical or emotional effects due to fasting, e.g. dizziness, nausea, distress, or has a known medical need etc, staff will call the child's parents or guardians and if they believe that it is necessary, offer that child food or drink.

I hope that the above is clear, but please do not hesitate to contact the school office if you have any questions.

For families fasting during the month of Ramadan I would like to wish you all Ramadan Mubarak.

Very best wishes,

Yours sincerely

Miss Simmons  
Head Teacher