

## Physical Education Curriculum Overview



PE	Term 1	Term 2	Term 3
<b>EYFS</b>	<ul style="list-style-type: none"> <li>• <b>Gross motor skills</b> Focus on: skipping, hopping, slithering, jumping and climbing in order to build gross motor skills.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Fine motor skills:</b> such as picking small objects up with tweezers, zipping up coats. Mix, stir and knead.</li> <li>• <b>Spatial awareness:</b> Collaborate with others to move heavier objects Continue working on gross motor skills from Term 1.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Spatial awareness:</b> Building dens, name writing, continue working on gross motor skills from Term 1 and 2.</li> </ul>
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Games 1- sending and receiving ball</li> <li>• Games 2 – team games</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Games 3 – Attacking and defensive moves</li> </ul>	<ul style="list-style-type: none"> <li>• Games 4 – passing, catching and movement.</li> <li>• Athletics</li> </ul>
<b>Year 2</b>	<ul style="list-style-type: none"> <li>• Games 1- ball handling</li> <li>• Games 2 – Striking and gathering</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Games 3 – Attacking and defensive moves in invasion games</li> </ul>	<ul style="list-style-type: none"> <li>• Games 4 – hockey and basketball basics.</li> <li>• Athletics</li> </ul>
<b>Year 3</b>	<ul style="list-style-type: none"> <li>• Netball</li> <li>• Tag Rugby</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Hockey</li> </ul>	<ul style="list-style-type: none"> <li>• Cricket</li> <li>• Athletics</li> </ul>
<b>Year 4</b>	<ul style="list-style-type: none"> <li>• Basketball</li> <li>• Handball</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Rounders</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics</li> </ul>
<b>Year 5</b>	<ul style="list-style-type: none"> <li>• Netball</li> <li>• Tag rugby</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Hockey</li> </ul>	<ul style="list-style-type: none"> <li>• Cricket</li> <li>• Athletics</li> </ul>
<b>Year 6</b>	<ul style="list-style-type: none"> <li>• Basketball</li> <li>• Handball</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Rounders</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics</li> </ul>
<b>Year 7</b>	<ul style="list-style-type: none"> <li>• OAA</li> <li>• Football</li> <li>• Basketball</li> <li>• Tag Rugby</li> <li>• Netball</li> </ul>	<ul style="list-style-type: none"> <li>• Dance</li> <li>• Gymnastics</li> <li>• Table Tennis</li> <li>• Handball</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Cricket</li> <li>• Rounders</li> </ul>

<b>Year 8</b>	<ul style="list-style-type: none"> <li>• Tag Rugby</li> <li>• Football</li> <li>• Basketball</li> <li>• Badminton</li> <li>• Netball</li> </ul>	<ul style="list-style-type: none"> <li>• Trampolining</li> <li>• Table Tennis</li> <li>• Fitness</li> <li>• Handball</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Striking games (cricket, rounders, softball)</li> </ul>
<b>Year 9</b>	<ul style="list-style-type: none"> <li>• Tag Rugby</li> <li>• Football</li> <li>• Basketball</li> <li>• Badminton</li> <li>• Netball</li> </ul>	<ul style="list-style-type: none"> <li>• Trampolining</li> <li>• Table Tennis</li> <li>• Fitness</li> <li>• Handball</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Striking games (cricket, rounders, softball)</li> </ul>
<b>Year 10</b>	<p><b>Contemporary issues in Sport</b></p> <ul style="list-style-type: none"> <li>- Understand the issues that affect participation in sport</li> <li>- Know about the role of sport in promoting values</li> <li>- Hosting major sporting events</li> <li>- Know about the role of National Governing bodies (NGB's) in sport</li> </ul>	<p><b>Developing sports skills</b></p> <ul style="list-style-type: none"> <li>- As an individual</li> <li>- In team sports</li> <li>- Officiating</li> <li>- Analysing and improving performance</li> </ul>	
<b>Year 11</b>	<p><b>Sport and the media</b></p> <ul style="list-style-type: none"> <li>- Know how sport is covered across the media</li> <li>- Understand positive effects the media can have on sport</li> <li>- Understand the negative effects the media can have of sport</li> <li>- Understand the relationship between the media and sports</li> <li>- Evaluate media coverage of sport in the media</li> </ul>	<p><b>Sports Leadership</b></p> <ul style="list-style-type: none"> <li>- Roles and responsibilities and leadership styles</li> <li>- Planning a sports session</li> <li>- Sports activity delivery</li> </ul>	Revision